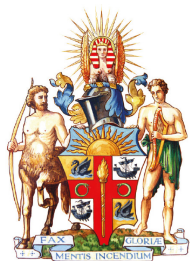


Employee Assist



ROYAL AUSTRALASIAN
COLLEGE OF SURGEONS

RACS offers a confidential and independent **Employee Assist** specialist service, which is available under the **Employee Assistance Program**.

Employee Assist is:

- A confidential service
- Available to all employees
- Available for up to **4 hours** per issue

RACS offers a comprehensive Employee Assistance Program (EAP) designed to assist you in meeting the challenges and demands of your work and personal life.

Employee Assist services are provided independently of RACS by a company called Converge International. Using Employee Assist gives you access to qualified professionals, including psychologists, social workers and management coaches.

Employee Assist can help with a range of issues and concerns, including:

- Interpersonal conflict and tension
- Work-related stress
- Changes in your work environment
- Harassment and grievances
- Relationship or family matters
- Personal and emotional stress
- Grief and bereavement
- Alcohol and drug related problems
- Crisis intervention and trauma counselling

Accessing the service

When you contact Employee Assist, you can arrange to speak with a consultant over the phone, or if you prefer you can meet face-to-face. Consultations can be conducted at one of Converge International sessional offices.

You can access Employee Assist for up to **4 hours** per issue. Please note that your confidentiality is assured. If you decide to access Employee Assist your details will not be passed on to anyone in RACS.

Converge
international



To make an appointment call:

0800 666 367

eap@convergeintl.com.au