



# Tri-State Webinar Series

**Topic:** The importance of the social emotional well-being model in First Nations communities

**When:** Thursday, 20 July 2023  
6:00pm - 7:00PM (AEST)

## Session Outline:

Dr Mikayla Couch is an obstetrics and gynaecology registrar, women's health expert and proud Bundjalung woman. From a young age, Dr Couch dreamed of having a profession where she could help people every day. Combining her propensity for science and innate ability to help people feel understood, she pursued a career in medicine. Dr Couch is a powerful voice in Australia's medical community. She is dedicated to furthering the health of all women and takes particular interest in bringing awareness to Indigenous health issues. As an Aboriginal woman herself, she has a personal understanding of the disparities between Indigenous and non-Indigenous communities.

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