



Tri-State Webinar Series

Topic: Practical skills to build surgeon
mental fitness and resilience

When: Thursday, 15 June 2023
6:00pm - 7:00PM (AEST)

Session Outline:

In partnership with Converge International, this webinar will build on the previous resilience and mental skills training in surgeons webinar to provide practical tools to enhance surgeon resilience. Participants will be provided with an overview of a variety of techniques contextualised to their professional and personal lives.

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