



# Tri-State Webinar Series

**Topic:** Resilience and mental skills  
training in surgeons

**When:** Thursday, 6 April 2023  
6:00pm - 7:00PM (AEST)

## Session Outline:

In partnership with Converge International, this webinar will focus on creating awareness and understanding of the importance of building resilience in surgeons. This will include a summary of the research, theoretical understanding of resilience and the mental fitness model, and best practice strategies being used globally to build surgeon resilience.

In partnership with



Sponsored by



**> REGISTER NOW**



Contact RACS NSW Office for more info (02) 8298 4500  
or email [functions.nsw@surgeons.org](mailto:functions.nsw@surgeons.org)