

Role perceptions rating scale

The tool below can be used to uncover assumptions and differing expectations for the mentoring relationship. Both the mentor and mentee should complete the tool and discuss their responses, highlighting differences and discussing how to overcome these differences.

Read each pair of statements below and then estimate your position on each. For example, with statement 1, if you believe very strongly that mentors play an essential role in ensuring that the mentee is given a positive start in their role in an Australasian hospital, you should tick/circle '1'. If you think that both the mentor and the mentee should equally be involved, you should tick/circle '3', and if you think that the support of a mentor is not necessary to ensuring that a mentee is given a positive start in their role in an Australasian hospital then tick/circle '5'.

Mentee/mentor relationship		
Mentors play an essential role in ensuring that a mentee has a positive start in an Australasian hospital.	<p>1 2 3 4 5</p> <p>□□ □□ □□ □□ □□</p>	The support of a mentor is not necessary to ensure that a mentee is given a positive start in an Australasian hospital.
The role of the mentor is to provide advice to the mentee on all aspects of hospital life.	<p>1 2 3 4 5</p> <p>□□ □□ □□ □□ □□</p>	The mentee should be responsible to establish her/himself as a member of the hospital community.
The role of the mentor is to serve as a sounding board for the mentee.	<p>1 2 3 4 5</p> <p>□□ □□ □□ □□ □□</p>	The role of the mentor is not to be a sounding board to mentees.
Information, resources, becoming a member of the hospital		
The mentor should provide guidance for the mentee in maintaining a reflective approach to their work.	<p>1 2 3 4 5</p> <p>□□ □□ □□ □□ □□</p>	The mentee has full responsibility for their work.
The mentor is responsible for providing emotional support and encouragement to the mentee.	<p>1 2 3 4 5</p> <p>□□ □□ □□ □□ □□</p>	Emotional support and encouragement are not the responsibility of the mentor—mentees should look elsewhere
The mentor should provide solutions to help mentees overcome problems e.g. dealing with patients, working with other teams in the hospital, work life balance etc.	<p>1 2 3 4 5</p> <p>□□ □□ □□ □□ □□</p>	The mentee should be able to find the solutions to all professional problems that arise within the hospital and the mentor should provide advice only as required

Career path and professional development		
It is the mentor's responsibility to direct the path of the professional development of a mentee.	<p>1 2 3 4 5</p> <p>□□ □□ □□ □□ □□</p>	The mentee is responsible for directing the path of their own professional development, with assistance from the mentor as required.
The mentor should provide inspiration and guidance in terms of the career options for a mentee.	<p>1 2 3 4 5</p> <p>□□ □□ □□ □□ □□</p>	The mentee should be able to navigate their own career and seek assistance only as needed.
The mentor should plan the professional development activities for the mentee.	<p>1 2 3 4 5</p> <p>□□ □□ □□ □□ □□</p>	The mentee should decide when she/he will attend professional development programs and events.
Accountability for mentee progress		
The mentor should insist in setting regular meetings with the mentee	<p>1 2 3 4 5</p> <p>□□ □□ □□ □□ □□</p>	The mentee should decide when she/he wants to meet with the mentor.