

Day 1		8.00 am – 10.25 am
Suturing and dissection		Arrival and registration
		Introduction (director)
		Introduction (video) <ul style="list-style-type: none"> Put on PPE
		Knot tying (45) <ul style="list-style-type: none"> Video: Theory / Demonstration Video: Knot tying and instrument tying One-handed technique Slipknot Tying at depth
		Skill consolidation task
		Suturing: <ul style="list-style-type: none"> Mattress (10) 3-corner (15) Subcuticular and Aberdeen knot (20)
		Suturing: <ul style="list-style-type: none"> Mattress 3-corner Subcuticular and Aberdeen knot
10:25 am – Morning tea		
		10.40 am – 12.55 pm
Suturing and dissection		Cavity entry and closure (45)
		Cavity entry and closure
		Advanced dissection (25)
		Advanced dissection
		Vessel dissection (15)
		Vessel dissection
		Vessel ligation (25)
		Vessel ligation
		Vessel ligation (25)
		Vessel ligation
12.55 pm – Lunch		
		1.35 pm – 3.45 pm
Tubular structures and electrosurgery		Tubular structures (50)
		Pig rectum anastomosis
		Vascular repair (35)
		Vascular repair
		Ureteric anastomosis (45)
		Ureteric anastomosis
3.45 pm – Afternoon tea		
		4.05 pm – 4.45 pm
Tubular structures and electrosurgery		Electrosurgery (20)
		Electrosurgery exercise
		Electrosurgery (20)
		Electrosurgery exercise
		Finish

Day 2	8.30 am – 10.30 am
Endoscopic surgery	Introduction to rigid endoscopy (10)
	Endoscopic stack
	Endoscopic instruments (20)
	Endoscopic instruments
	Access to cavities (25)
	Insertion Hasson cannula and secondary ports
	Manipulation skills (20)
	Transfer beads and stack nuts
	Manipulation skills – 30° scope (10)
	Manipulation skills – letters in a block
	Manipulation skills – elastic bands (20)
	Manipulation skills – elastic bands
	Manipulation skills – the maze (15)
	Manipulation skills – the maze
10.30 am – Morning tea	
	10.50 am – 12.30 pm
Endoscopic surgery	Cutting tasks (25)
	Cutting a circle
	Loop tasks (25)
	Endoscopic ligation of glove finger
	Dissection and diathermy (25)
	Diathermy dissection pig retroperitoneum
	Dissection (25)
	Clip applicator
12.30 pm – Lunch	
	1.00 pm – 3.00 pm
Musculoskeletal surgery	Tendon repair (70)
	Tendon repair
	Wound management (20)
	Wound management
	Advanced wound management (30)
	Advanced wound management
3.00 pm – Afternoon tea	
	3.20 pm – 5.00 pm
Musculoskeletal surgery	Bone nibbling and cutting (10)
	Bone nibbling and cutting
	Bone drilling and lag screw (10)
	Bone drilling and lag screw
	Plating (30)
	Plating
	Plastering (35)
	Plastering
	Evaluations (5)
	Closure, summing up, feedback (10)
	Finish

Please note that timings are an approximation only