Safe Speed Limits

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2019 Trauma Symposium Pedestrians – staying safe



Pedestrian impact



Graphic demonstration of how head injuries occur in pedestrians impacts at high speed

Old TAC advertisement encouraging drivers to slow down from **70 km/h to 60 km/h** in urban streets – before we had 50 km/h maximum limit in built up urban environments & **before Safe System Approach** introduced in 2004.

Safe System principles

- Important to recognise humans make errors
- Assess consequences of those errors
- Propose countermeasures: roads more forgiving of errors
- Countermeasures reduces crash severity to survivable limits and/or eliminate or compensates for the human error
- shift responsibility from emphasis on road users being responsible for behaviour on the road to a greater responsibility for road system designers and managers to build safe guards into the system to prevent injury-causing crashes
- No more trading off lives for benefit of mobility and cost efficiency more humanistic ethical approach





Safe System principles

Focus on **Biomechanics Criterion** instead of cost benefit



TOWARDS ZERO Ambitious Road Safety Targets and the Safe System Approach

OECD & International Transport Forum

International Working Group Members (25 countries) chaired by Eric Howard –ex head of road safety at VicRoads

Howard, E., Implementing a "Safe System" approach to road safety in Victoria, Proc. Road Safety Research, Policing and Education Conference, 2004.

Pedestrian Impact Velocity by MAIS

MAIS = Maximum Abbreviated Injury Scale



All body regions

Head Injuries

Leg Injuries

Mizuno, Y. 2005. Summary of IHRA pedestrian safety WG activities (2005) – proposed test methods to evaluate pedestrian protection afforded by passenger cars, in 19th International Technical Conference on the Enhanced Safety of Vehicles (ESV), 6–9 June 2005, Washington, DC, US, 1–15.

Pedestrian Impact Velocity by MAIS

MAIS = Maximum Abbreviated Injury Scale



Making crashes survivable – Safe System Approach



Source: Wramborg, P. (2005). A New Approach to a Safe and Sustainable Road Structure and Street Design for Urban Areas. Paper presented at Road Safety on Four Continents Conference, Warsaw Poland. http://www.internationaltransportforum.org/jtrc/safety/targets/08TargetsSummary.pdf



European Citizen's Initiative "30kmh – making streets liveable!"

Home | Why 30km/h (20mph)? | The Initiative | Take Action | Donate | Contact

You can determine the future of your European cities!

We want to have real traffic safety and a better quality of life. So, we are asking for an EU-wide speed limit of 30 km/h (20 mph) in villages and cities. Register to vote with us – support our European Citizen 's Initiative (ECI).

Sign Online!



What is a survivable impact?

Being struck by a car at 50 km/h as a pedestrian is the same speed reached by jumping out the window of a 3 story window





Murray N.W., When it Comes to the Crunch, The mechanics of Car Collisions, World Scientific, Singapore, 1994



Contents lists available at ScienceDirect

Accident Analysis and Prevention

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NALYSIS

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Fig. 1. PRISMA flow diagram of included studies.



Impact Speed (km/h)

Results suggest an impact speed of **30 km/h** has on average a **risk of a fatality** of **around 5%**. The risk increases to **13% for an impact speed of 40 km/h** and **29% at 50 km/h**.

SAFE SYSTEM APPROACH - human factors Pedestrian impact at night



Glancing blow – head strike where glass star pattern observed & mirror is broken

SAFE SYSTEM APPROACH - human factors Pedestrian impact at night



Skid marks left.

Possible to determine impact speed using 'Speed from Skid' equation and adopting commonly accepted perception reaction time of driver

Pedestrian impact at night



Was it the driver's fault?

Visibility and lighting Car headlights on low beam



Speed from skid equation

$$V^2 = 2ad$$

V = vehicle velocity
a = deceleration
d = length of skid



Perception reaction time

From around 1.0 second to up to 2.5 seconds depending on the experience and alertness of the driver but commonly adopt 1.5 seconds

- detect the presence of the pedestrian
- identify that the pedestrian represents a hazard
- decide action to be taken
- react or respond by taking action (e.g. apply brakes)

Perception + Reaction + Braking



Perception + Identification + Decision + Reaction

0.5 to 2 seconds

BRAKING



At **36 meters** away from crossing pedestrian using **low beam lights**



At 36 meters away from crossing pedestrian using high beam lights



At 20 meters away from crossing pedestrian using low beam lights



At 14 meters away from crossing pedestrian using low beam lights

Is it possible to brake in time?

Assuming 1.5 seconds PRT and speed of 50 km/h Car traveling at around 14 m/sec In 1.5 seconds travels around 21 metres Not possible to perceive and react in time!

IMPACT AT 50 km/h = Jumping out top window of 3 story building

(Assuming 1 second P-R - impact speed is around 40 km/h) Jumping out top floor window of 2 story house

Is it possible to brake in time?

Assuming 1.5 seconds P-R and speed of 40 km/h Car traveling at around 11 m/sec In 1.5 seconds travels around 17 metres (at 20 m visible) Car will brake for 3 metres (needs around 10 metres to stop) and will strike pedestrian at around 33 km/h **IMPACT AT 33 km/h = Jumping off a house roof**

(Assuming 1 second P-R - impact speed is 17 km/h)

Is it possible to brake in time?

Assuming 1.5 seconds P-R and speed of **30 km/h** Car traveling at around 8.3 m/sec In 1.5 seconds travels around 12.5 metres (at 20 m visible) Car needs around 6 metres to stop

NO IMPACT!

Conclusions

Do we blame the driver?

The driver was likely travelling at the speed limit.

The driver did exceptionally well perceiving and reacting to the pedestrian within 1 second despite being 0.02 BAC.

Do we blame the pedestrian?

Not really as the pedestrian was mentally handicapped.

INFRASTRUCTURE - POOR LIGHTING

SPEED LIMIT IS TOO HIGH FOR ROAD CONDITIONS

SAFE SYSTEM APPROACH = 30 km/h (40 km/h maybe acceptable)

Safe System thinking essential to reduce trauma

Pedestrians must be visible at night if you want to maintain 50 km/h speed limit Otherwise set to 30 km/h (or 40 km/h)



Australia's default speed limit for a Safe System to reduce pedestrian trauma





Questions?

Together We can Savelives.

DECADE OF AS

2011-207



