

## Day 1

| Time             | Program                                      | Minutes   | Resource        |
|------------------|----------------------------------------------|-----------|-----------------|
| <b>Session 1</b> |                                              |           |                 |
| 08:00            | Arrival and registration                     | 20        | Participants    |
| 08:00            | Faculty briefing                             | 20        | Faculty         |
| 08:20            | Introduction of faculty and participants     | 10        | Director        |
| 08:30            | Introduction                                 | 5         | Video           |
| 08:35            | 1.1 Knot tying: theory and instrument tie    | 10        | Video practical |
| 08:45            | 1.2 Knot tying: One-handed knot              | 15        | Video practical |
| 09:00            | 1.3 Knot tying: Slipknot                     | 10        | Video practical |
| 09:10            | 1.4 Knot tying: tying at depth               | 10        | Video practical |
| 09:20            | 1.5 Suturing: simple excision and closure    | 30        | Video practical |
| 09:50            | 1.6 Suturing: Mattress sutures               | 10        | Video practical |
| 10:00            | 1.7 Suturing: 3-corner suture                | 10        | Video practical |
| 10:10            | 1.8 Suturing: subcuticular and Aberdeen knot | 15        | Video practical |
| <b>10:25</b>     | <b>Morning tea</b>                           | <b>15</b> |                 |
| <b>Session 2</b> |                                              |           |                 |
| 10:40            | 2.1 Tissue dissection: lymph node            | 15        | Video practical |
| 10:55            | 2.2 Tissue dissection: blood vessels         | 15        | Video practical |
| 11:10            | 2.3 Vessel ligation: part 1                  | 25        | Video practical |
| 11:35            | 2.4 Vessel ligation: part 2                  | 25        | Video practical |
| <b>12:00</b>     | <b>Lunch</b>                                 | <b>40</b> |                 |
| <b>Session 3</b> |                                              |           |                 |
| 12:40            | 3.1 Bowel anastomosis: interrupted sutures   | 55        | Video practical |
| 13:35            | 3.2 Bowel anastomosis strictureplasty        | 20        | Video practical |
| 13:55            | 3.3 Bowel anastomosis: continuous suture     | 20        | Video practical |
| <b>Session 4</b> |                                              |           |                 |
| 14:15            | 4.1 Vessel repair                            | 40        | Video practical |
| 14:55            | 4.2 Ureteric anastomosis                     | 40        | Video practical |
| <b>15:35</b>     | <b>Afternoon tea</b>                         | <b>15</b> |                 |
| 15:50            | 4.3 Tendon repair                            | 45        | Video practical |
| 16:35            | 4.4 Electrosurgery                           | 30        | Video practical |
| 17:05            | Day 1 summary & feedback                     | 10        | Discussion      |
|                  | <b>Finish</b>                                |           |                 |

## Day 2

| Time             | Program                                     | Minutes   | Resource        |
|------------------|---------------------------------------------|-----------|-----------------|
| <b>Session 5</b> |                                             |           |                 |
| 08:30            | 5.1 Cavity entry and closure                | 40        | Video practical |
| <b>Session 6</b> |                                             |           |                 |
| 09:10            | 6.1 Rigid endoscopy: endoscopic stack       | 10        | Video practical |
| 09:20            | 6.2 Rigid endoscopy: endoscopic instruments | 10        | Video practical |
| 09:30            | 6.3 Rigid endoscopy: cavity entry           | 25        | Video practical |
| 09:55            | 6.4 Rigid endoscopy: transfer skills        | 10        | Video practical |
| 10:05            | 6.5 Rigid endoscopy: angled endoscope       | 10        | Video practical |
| <b>10:15</b>     | <b>Morning tea</b>                          | <b>25</b> |                 |
| 10:40            | 6.6 Rigid endoscopy: elastic bands          | 20        | Video practical |
| 11:00            | 6.7 Rigid endoscopy: eyelet threading       | 20        | Video practical |
| <b>Session 7</b> |                                             |           |                 |
| 11:20            | 7.1 Rigid endoscopy: cutting task           | 35        | Video practical |
| 11:55            | 7.2 Rigid endoscopy: constructing a loop    | 15        | Video practical |
| 12:10            | 7.3 Rigid endoscopy: loop ligation          | 40        | Video practical |
| <b>12:50</b>     | <b>Lunch</b>                                | <b>30</b> |                 |
| <b>Session 8</b> |                                             |           |                 |
| 13:20            | 8.1 Rigid endoscopy: vessel dissection      | 30        | Video practical |
| 13:50            | 8.2 Rigid endoscopy: vessel ligation        | 20        | Video practical |
| 14:10            | 8.3 Rigid endoscopy: suturing               | 40        | Video practical |
| 14:50            | Director conclusion                         | 10        | Discussion      |
| <b>15:00</b>     | <b>Finish</b>                               |           |                 |