Employee Assist

RACS offers a comprehensive Employee Assistance Program (EAP) designed to assist you in meeting the challenges and demands of your work and personal life.

Employee Assist services are provided independently of RACS by a company called Converge International. Using Employee Assist gives you access to qualified professionals, including psychologists, social workers and management coaches.

**Employee Assist can help with a range of issues and concerns, including:**

- Interpersonal conflict and tension
- Work-related stress
- Changes in your work environment
- Harassment and grievances
- Relationship or family matters
- Personal and emotional stress
- Grief and bereavement
- Alcohol and drug related problems
- Crisis intervention and trauma counselling

**Accessing the service**

When you contact Employee Assist, you can arrange to speak with a consultant over the phone, or if you prefer you can meet face-to-face. Consultations can be conducted at one of Converge International sessional offices.

You can access Employee Assist for up to 4 hours per issue. Please note that your confidentiality is assured. If you decide to access Employee Assist your details will not be passed on to anyone in RACS.

RACS offers a confidential and independent Employee Assist specialist service, which is available under the Employee Assistance Program.

Employee Assist is:

- A confidential service
- Available to all employees
- Available for up to 4 hours per issue

To make an appointment call:
0800 666 367
eap@convergeintl.com.au